



CONSTRUCTION & MAINTENANCE CRAFT TRAINING SPONSORED BY THE  
**CONSTRUCTION TRAINING CENTERS OF NEW YORK STATE**  
 THE EDUCATION AFFILIATE OF ASSOCIATED BUILDERS & CONTRACTORS  
 EMPIRE STATE CHAPTER  
*Accredited by the National Center for Construction Education & Research*



**CONSTRUCTION SAFETY & HEALTH SERIES 2009**

*Provided through a grant from the NYS Hazard Abatement Board Occupational Safety & Health Training & Education Program*

**ALBANY NEW YORK REGION**

**FREE TO MEMBERS.... OSHA 30 FREE TO MEMBERS....**

**OSHA 30 Hr Construction Topics include but are not limited to:**

Introduction to OSHA Procedures and Standards • Construction hazard recognition and preventative measures • Electrical hazards and electrical safety • Personal protective equipment (PPE) • Fire prevention in the workplace • Cranes, rigging and material handling safety • Welding and cutting hazards • Scaffolding safety • Fall protection • Excavation safety • Concrete and masonry safety • Demolition Safety • Stairway and ladders at construction workplaces • Hazards of confined spaces • Understand 1926 Sub Part C aspects

<b>February 12, 19, 26 &amp; Mar 5</b>	<b>Training provided by:</b>  <b>Capital Safety Services 520 Livingston Avenue Albany, NY 12206</b>	<b>8:00 am – 4:30 pm 8:00 am – 4:30 pm 8:00 am – 4:30 pm 8:00 am – 2:00 pm</b>
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Company Name: \_\_\_\_\_ Contact: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**List of Participants (Please PRINT) – Limited to 6 employees per company**

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In an effort to ensure that all members are provided the opportunity to improve the safety and health of their workforce, ABC will issue an enrollment confirmation notice that will specify the names of enrolled employees enrolled. Cancellations must be made in writing at least 5 business days prior to the class date. Substitutions are permissible at any time prior to the class date; changes to the names of employees should be made in writing.

If an employee fails to attend and the total number of employees is less than the number confirmed, the company will be invoiced \$100 for the "no show" employee.

**TO REGISTER YOUR EMPLOYEES**

**FAX TO ABC: 315-671-1512, ATTN: Connie**

**Construction Training Centers of New York State**

6369 Collamer Drive, East Syracuse, New York 13057

Phone 888.NY.NCCER (888.696.2237) Fax 315.671.1512 [www.abcnys.org/education.cfm](http://www.abcnys.org/education.cfm)

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